<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegetable and Quorn lasagne</td>
<td>Beetroot, pumpkin and goat's cheese tarte tatin</td>
<td>Falafel with houmous cucumber yoghurt, red onion and chopped tomato</td>
<td>Polenta and Parmesan fritters with apple relish</td>
<td>Sundried Tomato and Red pepper risotto with rocket salad</td>
</tr>
<tr>
<td>(CE, G, M)</td>
<td>(M, G, E)</td>
<td>(G, L, M)</td>
<td>(CE, M)</td>
<td>(CE)</td>
</tr>
<tr>
<td>£2.50</td>
<td>£2.70</td>
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<tr>
<td>Grilled Salmon with Balsamic Onion Glaze</td>
<td>Braised Italian style cod loin</td>
<td>Quorn Enchiladas with rice and corn salad</td>
<td>Mustard-Grilled Salmon</td>
<td>Beer Battered Haddock, tartar sauce and lemon</td>
</tr>
<tr>
<td>(F, SD)</td>
<td>(F, SD)</td>
<td>(G)</td>
<td>(F, MU)</td>
<td>(G, M, E, SD, F, MU)</td>
</tr>
<tr>
<td>£3.40</td>
<td>£3.00</td>
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<tr>
<td>Turkey Milanese with tomato sauce and spaghetti</td>
<td>Caribbean Chicken with Mango and Rice</td>
<td>Fillet of Hake with Veronique sauce</td>
<td>Steak and Ale pie with puff pastry crust</td>
<td>Hoisin Chicken kebab with noodles and cucumber</td>
</tr>
<tr>
<td>(G, E, M)</td>
<td>(CE, M)</td>
<td>(C, F, M, MU, SD)</td>
<td>(G, CE, E)</td>
<td>(G, S)</td>
</tr>
<tr>
<td>£2.70</td>
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<td>£3.00</td>
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<tr>
<td>Rib Eye Steak with peppercorn sauce</td>
<td>Pasta bar (ask for details)</td>
<td>Kashmir Lamb curry</td>
<td>Pasta bar (ask for details)</td>
<td>Crispy Catfish with cucumber pickle banh mi</td>
</tr>
<tr>
<td>(M, SD)</td>
<td>£2.50</td>
<td>(M, N)</td>
<td>£2.50</td>
<td>(F, E, M, SD, S)</td>
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<tr>
<td>£3.75</td>
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<td>£3.00</td>
</tr>
</tbody>
</table>

If you have any allergies, please notify a member of staff
We welcome your comments, suggestions and feedback. You can leave yours here [feedback](mailto:feedback@yourwebsite.com).

**SUSTAINABLE FISH CITIES**

**RSPCA ASSURED**

**CAMBRIDGE sustainable food**

**Anglia Free Range Eggs**

Week 1
Week Commencing 09\textsuperscript{th} September 2019

DINNER

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NO DINNER OR BRUNCH SERVICE UNTIL MONDAY 16\textsuperscript{th} SEPTEMBER

Allergen Key:

- Celery CE
- Gluten G
- Crustaceans CR
- Egg E
- Fish F
- Lupin L
- Nuts N
- Molluscs MO
- Sulphites SD
- Pork PO
- Milk M
- Mustard MU
- Peanuts P
- Sesame SE
- Soya S

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