### Week Commencing 12th October 2020

**Take-away hot meals**

#### LUNCH 12.00 noon – 2.00pm

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
<th>SUNDAY</th>
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<tbody>
<tr>
<td>Mushroom stroganoff with herb rice</td>
<td>Green Thai tofu curry rice bowl, lime and coriander</td>
<td>Cauliflower and macaroni cheese (vegan option available)</td>
<td>Sweet potato &amp; black bean burger with cashew</td>
<td>Aubergine stuffed with quinoa</td>
<td>Tofu, vegetable &amp; rice, chilli &amp; cucumber salad</td>
<td>Roast mushroom &amp; leek</td>
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<tr>
<td>(CE, MU)</td>
<td>(S)</td>
<td>(MU, M, G)</td>
<td>(N, G)</td>
<td>(CE, G)</td>
<td>(S)</td>
<td>(CE)</td>
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<tr>
<td>£3.50</td>
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Gluten free crispy hake with yuzu aioli and rocket salad  
(F, E, MU)  
£3.75

Cumberland sausage ring, mustard glaze  
(G, SD, MU, CE)  
£3.75

Sri Lankan curry with yoghurt  
(S, G)  
£3.75

BBQ chicken lime and coriander  
($)  
£3.75

Beer battered fish of the day  
(F, MU)  
£3.75

Chicken chow mien, chili & cucumber salad  
(G, SD, E, SE)  
£3.75

#### DINNER 6.00pm – 8.00pm

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</table>
| Chunky ratatouille, salsa verde & lemon oil  
(SD) | Sicilian aubergine stew, toasted almonds  
(MU, G) | Masala dosa, with naan bread  
(MU, G) | Wild mushroom tagliatello risotto  
(M, SD, CE) | Pepper, spinach and coconut curry  
(SD) | Pizza and beer Night  
(G, CE) | Chickpea falafel. Garlic mayo, green beans  
(SE, MU) |
| (£3.50) | (£3.50) | (£3.50) | (£3.50) | (£3.50) | (£5.00) | (£3.50) |

Slow pork, honey, rosemary, mustard  
(SD, MU)  
£3.75

Roasted salmon penne pasta and broccoli  
(F, G, M)  
£3.75

Roast chicken quarter, relish,  
(G, CE)  
£3.75

Darwin cheese burger  
(G, E, CE, M)  
£3.75

Pizza and beer Night  
(G, CE)  
£5.00

Roast chicken, with trimmings  
(CE, G, M, E)  
£3.95

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**Allergen Key:**  
- Celery (CE)  
- Gluten (G)  
- Fish (F)  
- Molluscs (MO)  
- Pork (PO)  
- Peanuts (P)  
- Crustaceans (Ci)  
- Lupin (L)  
- Sulphites (SD)  
- Mustard (MU)  
- Sesame (SE)  
- Soya (S)